

**Mars Hill College
Baseball Camp**

What:

Mars Hill College is offering a overnight and day baseball camp for boys ages 8-15. The camp will have several divisions to meet the needs of every skill level from beginner to intermediate to the advanced players. The camp will be conducted by the Mars Hill College coaching staff and will be assisted by Mars Hill College Players and selected college coaches.

When: June 12 - June 16, 2005

*(Overnight campers check in at 5:00 p.m. on June 12)
(Day campers check in at 8:00 a.m. on June 13)*

8:00 a.m. - 4:30 p.m.

Henderson Field

Mars Hill College Campus

Skills:

The emphasis of the camp will be placed on individual skill development in catching, throwing, all phases of batting, pitching, running, and specialized defensive skill development. Also, each camper will participate in daily games which will allow those skills to be used in real-game conditions.

What to bring:

Single bed sheets, blanket, pillow, towels, toiletries, Baseball cleats or spikes, glove, bat, baseball pants, shorts, T-shirts, baseball cap.

T-Shirts:

Each camper will receive a camp T-shirt.

Cost:

\$325.00 - Overnight camper that includes three buffet meals in MHC's on-campus dining facility.

\$125.00 - Day camper (8:00 a.m. - 4:30 p.m.) that includes one buffet meal in MHC's on-campus dining facility.

\$100.00 - Non-refundable deposit for overnight campers due by June 1.

For additional information contact:

Dan Taylor.....(828) 689-1173 (O)
Matt Ward(828) 689-1173 (O)
Athletic Office..... (828) 689-1219

Fundamental Stations

Catching:

- A.....Fly balls
- B.....Ground Balls
- C.....Line Drives

Throwing:

- A.....Technique
 - a.....from the outfield
 - b.....in the infield
 - c.....from the catching position

Footwork:

- A.....Technique
 - a.....from the outfield
 - b.....in the infield
 - c.....running bases

Batting:

- A.....Bunting
- B.....the proper swing
- C.....footwork
- D.....balance and bat control

Pitching:

- A.....Technique
 - a.....balance
 - b.....release point
 - c.....arm slot
 - d.....training routines
 - e.....the mental aspect
 - f.....learning different pitches

**T-shirt Size
(Circle One)
ADULT: SM Med Lg Xlg
YOUTH: Sm Med Lg**

Special Medical Information
(allergies, medication, etc.)
that our staff should be aware of.

**Please complete this form and return to:
Coach Dan Taylor, Head Baseball Coach
Mars Hill College, Campus Box 6668
Mars Hill, NC 28754**

Camper's Name: _____ Age: _____ Grade (2005-06): _____

Parent / Guardian's Name: _____

Home Address: _____

Home Phone: _____ Parent / Guardian Work Phone: _____

This signed statement certifies that my child is medically cleared to participate in MHC Baseball Camp. I also give my permission for the MHC medical staff and its appointed representatives to medically treat my child in the event of illness or injury.

Parent Guardian Signature: _____ Date: _____

Dear Camper-

The Mars Hill College Baseball Program welcomes you to its 2005 baseball camp. This is our first year offering the camp and are extremely excited about helping you improve your skills in the greatest game played - Baseball!

Our goal is not only help you improve during the week but to give you some ideas on how to become a better player on a day-to-day basis.

Since our camp stresses fundamentals, you will spend a major part of each camp day working on skills such as catching, throwing, batting, base running, and pitching. We will play actual games each day so you can put your skills to work in game type circumstances.

Most importantly, we want your week on the Mars Hill Campus to be a fun-filled experience. No discouraging words are allowed in the MHC Camp. So, come to camp prepared to learn how to play the greatest game on Earth to the best of your ability and to have a lot of fun doing it. We're looking forward to seeing you this summer!

*Sincerely,
Dan Taylor*

Typical Camp Day

7:45 a.m. - 8:00 a.m. Camper drop-off
8:00 a.m. - 8:20 a.m. Stretching and warm-up
8:20 a.m.-8:40 a.m. Catching and throwing
8:40 a.m.-9:00 a.m. Defensive Preparations I
9:00 a.m.-10:15 a.m. Defensive Stations
10:15 a.m.-10:20 a.m. Break
10:20 a.m.-10:30 a.m. Hitting Preparations I
10:30 a.m.-11:45 a.m. Hitting Stations
11:45 a.m.-1:00 p.m. Lunch
1:00 p.m.-1:30 p.m. Run downs
1:30 p.m.-2:00 p.m. Bunting
2:00 p.m.-3:00 p.m. Incrediball Game
3:00 p.m.-4:30 p.m. . Swimming, Disc Golf, Ping Pong or Basketball
4:30 p.m.-5:00 p.m. Day Campers Leave
5:00 p.m.-6:15 p.m. Dinner
6:15 p.m.-6:45 p.m. Lecture (Mental toughness, sportsmanship, grades)
7:00 p.m.-9:30 p.m. Movie
11:00 p.m. Lights out



**Mars Hill Baseball Camp
c/o Coach Dan Taylor
Campus Box 6668
Mars Hill College
Mars Hill, NC 28754**

2005

MARS HILL COLLEGE

BASEBALL CAMP



June 12 - 16, 2005
Boys ages 8-15

Henderson Field
Mars Hill College

FEATURING
Mars Hill Coaches and Players
and Guest Coaches

